



Photo Courtesy of Rachel Barr

## Staying Connected ...

Did you know... our care extends to you before and after the funeral service? We want to maintain contact with you and hear how you are getting along. Our support staff are pleased to help with concerns that follow a death, i.e. death certificates, insurance assistance. Gary Thomas is also ready to assist with memorialization needs and Genee Nisbet with aftercare services. Shannon Schur can also help with your preplanning needs. Staying connected with you is important to us.

Another easy way to stay contacted is through Owen Funeral Homes' various social media platforms. Pam Owen, our social media manager has a 24/7 job keeping up with all the posts and interactions on the various social media platforms. She loves receiving your thoughts, input and reviews. If you can't visit us in person, please check us out online and "Like Us."



Following are ways to stay connected online:

 Facebook - Owen Funeral Home – Dixie Highway

 Facebook - Owen Funeral Home – Jeffersontown

 Facebook - Owen Grief Shared

 Web Page - [owenfuneralhome.com](http://owenfuneralhome.com)

 Instagram - @owenfuneral

 Twitter - @owenfuneralhome

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## Letting the Sun Shine In Daily Affirmation

When someone you love dies, grieving that loss can take a long time. As in any emotional journey, there are rough spots to be weathered, and moments when you catch a glimpse of a sunnier horizon.

Realizing grief is a daily journey, the Owen website offers an online daily email support. We hope this daily companion provides encouragement and gentle reminders of the recovery process.

To sign-up for our free daily email messages, go to [owenfuneralhome.com](http://owenfuneralhome.com) and click on the Grief and Healing tab. Then click on the 360 Days of Grief Support header and scroll down to “Letting the Sun Shine In” subscription. Enter your name and email address and you will start receiving 365 days of encouragement and support.

## You Are Never Alone



## Social Media and Grief



*Tanner Harshman,  
Licensed Funeral  
Director & Embalmer*

The age of social media has brought people together in a way never before seen by society, and when a loved one passes, a social media platform such as Facebook is beneficial in the grieving process.

Most social media platforms utilize hashtags to organize user's content. Memorial hashtags (i.e. #JohnDoeMemorial or #RememberingJohnDoe) can be created to commemorate a loved one's life, so friends and family can share memories, as well as pictures in an organized fashion.

Facebook has a special feature that allows you to turn a deceased loved one's profile into a memorial page, which will allow friends and family to continue to share memories and post to their page. If your loved one was a private person you can also request that their profile be permanently deleted. You can also designate someone to take control of your Facebook profile once you pass, here's a short breakdown of how to utilize these options.

If you're an immediate family member, you can request that the account be deleted instead of memorialized. To do this, use Facebook's Facebooks Special Request for Medically Incapacitated or Deceased Person's Account. You will need to provide the deceased person's full name, email address, date of death and the URL of their Timeline. You will also need to provide proof that you are an immediate family member. You can do this with a birth certificate, death certificate, or proof of authority.

If you're wanting to memorialize a Facebook page you can use the same information above to memorialize a profile. Some functions will be different once a Facebook page is memorialized.

- The word “Remembering” will be shown next to the person's name on their profile.
- Depending on the privacy settings of the account, friends can share memories on the memorialized Timeline.
- Content the person shared (ex: photos, posts) stays on Facebook and is visible to the audience it was shared with.
- Memorialized profiles don't appear in public spaces such as in suggestions for People You May Know, ads or birthday reminders.
- No one can log into a memorialized account.
- Memorialized accounts that don't have a legacy contact can't be changed.
- Pages with a sole administrator whose account was memorialized will be removed from Facebook with a valid request.

If you would like to designate someone to have control over your Facebook at the time of your passing; Go to your account Settings > Memorialization Settings> Legacy Contact. Then type in the name of the person you would like to make your Legacy Contact. You have the option to send them a message to let them know, but it's not required. Otherwise, they'll be notified when Facebook becomes aware of your passing.

Social media has proved to be a great tool in commemorating a loved one, and finding grief support from the ease and comfort of your laptop or mobile device. If you have lost someone close to you, or know someone who has, you can utilize this information to continue to share their life, and stay in contact with those who were close to them.

## Meet Josh Richardson



Josh was born and raised in South Central, KY, but now lives in Middletown, KY. A graduate of John A. Gupton College of Mortuary Science, Josh is a first-generation Funeral Director and Embalmer being licensed both nationally and in the state of Kentucky. Before joining Owen Funeral Homes in 2018, he formerly worked for Highlands Funeral Home and Strode Funeral Homes.

He truly feels working within the funeral industry is a calling and a gift. Those that are gifted to work within the industry have a strong responsibility to help those in need and uphold the integrity of the profession. It's his hope that with each family we serve, we can provide some level of relief

for the family in knowing that their loved one will be treated with the same level of respect, dignity, and compassion that we show our own.

When Josh is not in the office you can often find him cheering for the Kentucky Wildcats, playing a round of golf, enjoying time at the lake, or volunteering with Big Brothers Big Sisters of Louisville.

Josh Richardson's Favorite Quote:

**"A funeral is not a day in a lifetime, it's a lifetime in a day."**

*Assistant Manager of Dixie Location,  
Licensed Funeral Director and Embalmer  
[josh.richardson@owenfuneralhome.com](mailto:josh.richardson@owenfuneralhome.com)*

## Sharing Grief with Others – Owen Grief Shared Facebook Page



*Grief Shared is Halved,  
Joy Shared is Doubled,  
Proverbs*

You don't have to go it alone when grieving. There are many online sites that offer hope and encouragement. Owen Grief Shared is one of these sites. For years, Pam Owen has been posting and sharing information that uplifts and inspires. If you visit Owen Grief Shared on Facebook you'll see posts of encouragement and plenty of helpful information about the grief process. This page provides a safe place for bereaved persons to share and find support from others.

Take time to visit this Facebook page. This page is a closed group to protect your privacy. Once you search the page in the Facebook browser make a request to join. Then, Pam Owen will accept you into this online support group. Remember you are not alone!



*Pam Owen,  
Social Media Manager*



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*OWEN FAMILY*

Bird S. Owen Jr. (1911-1987)  
 Edith R. Owen (1917 - 2015)  
 David L. and Pamela H. Owen  
 Linda Owen  
 Rachel Barr

*FUNERAL DIRECTORS*

Kyle O'Bryan, Manager Dixie Highway  
 Josh Richardson, Asst. Manager Dixie Highway  
 Michael L. Burns  
 Tanner Harshman  
 Toby Larkins  
 Mark McNeil  
 Braden Meredith  
 Jackie Pugh  
 Melissa Roberson  
 Philip R. Simpson

*PRE-NEED SERVICES*

Shannon J. Schur

*MEMORIALIZATION SERVICES*

Gary Thomas

*PASTORAL CARE & AFTERCARE SERVICES*

Dr. Kenneth Cutrer  
 Genene Nisbet, KLPC

## Neighborhood News

### Grief Support Groups

Provided by Owen Funeral Homes as a Free Public Service

#### **"Now and Beyond"**

For Those Who Lost A Spouse  
 Every 3rd Friday, 2:00 p.m.  
 Southwest Regional Library  
 Every 3rd Wednesday, 2:00 p.m.  
 Owen Funeral Home, Jeffersontown

#### **"A Parent's Grief"**

For Those Who Lost A Child  
 3rd Monday, at 6:30 p.m.  
 Owen Funeral Home  
 Dixie Location

#### **Spousal Loss Luncheon**

Every 1st Friday, 2:00 p.m.  
 Golden Corral Restaurant  
 5362 Dixie Highway

For Information: **Please call or email Genene Nisbet,  
 Bereavement Services Specialist at 447-7759  
 genene.nisbet@owenfuneralhome.com**

### From Our Kitchen To Yours

from Josh Richardson

#### **Nanny's Taco Soup**

- 2 lb. Hamburger
  - 1 medium onion, chopped
  - 2 cans Great Value stewed tomatoes
  - 1 can Ro-Tel green chilies & tomatoes
  - 1 can lima beans
  - 1 can Great Value whole kernel corn
  - 1 can Great Value pinto beans
  - 1 can Great Value red kidney beans
  - 2 cans Great Value white hominy
  - 1 t. salt
  - 1 t. pepper
  - 1 oz. pkg. Old El Paso Taco Seasoning Mix
  - 1 oz. pkg. dry Hidden Valley Ranch Dressing Mix
  - ½ c. water
- Brown hamburger and onion in large skillet.  
 Drain and rinse the 3 beans, hominy and corn.  
 Add to hamburger with remaining ingredients  
 and simmer at least 45 minutes. The longer it  
 simmers the better it gets. Top with shredded  
 cheddar cheese, serve with tortilla chips or Frito  
 Scoops and sour cream.